

Names & Places:

- Hans Zulliger. Life and work (1893 -1965)



Hans Zulliger: Life and Work

by Andrea Castiello D'Antonio (*)



Hans Zulliger was born in Biel on February 21st 1893, and spent his entire life in a small village called Ittigen (Switzerland). From 1912 until 1959 he dedicated himself to teaching. Zulliger came into contact with the impressive work developed by Oskar Pfister (1873-1956) on the psychoanalytic method. He soon became a passionate student of Freudian psychoanalysis, without neglecting the views proposed by Alfred Adler and Carl Gustav Jung. His first publications allowed him to get in touch with Sigmund Freud. Shortly after, he was invited to become a member of the *Swiss Society of Psychoanalysis*: here he met, among others, Hermann Rorschach (1884-1922).

Hans Zulliger was a polyhedral practitioner: teacher, psychologist, psychoanalyst, psychodiagnostician, researcher and scholar in the field of psychological testing, developer of an important projective technique (the so-called *Z-Test*) and disseminator of *Rorschach Test* and *Be-Ro Test*.

It's important to note that Zulliger had the opportunity to live and work for decades in a small, permanent community: he followed the development of many young people, testing a great number of subjects in different moments of their lives, and counseling with them.

First disciple and then friend of Rorschach, Zulliger was probably the only one, within the inner circle of scholars that revolved around Rorschach, and lived so long to continue, in the course of his own life, taking care of Rorschach's work.

He gradually emerged as a champion of the parallel test form known as *Behn-Rorschach*, named after the student and colleague of Rorschach, Hans Behn-Eschenburg (1893-1934). However his name is linked to the "Z-Test", or "Zulliger Projective Technique", created for the selection of Swiss Army officers during World War II.

The *Z-Test* is a projective test consisting of three laminas similar to those of Rorschach's, used to establish an accurate psychological diagnosis in a limited time. The *Z-Test* is administered in individual setting or in group setting, in different professional contexts from organizational, clinical, forensic and educational fields.

For more information on Zulliger Projective Test, visit www.castiellodantonio.it

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Further Readings.

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